

Sober Companions

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Jasmin Rogg

In 1976 Jasmin moved to Los Angeles from her native Germany in order to study psychology at UCLA and Loyola Marymount University. Her background is Jewish-Romanian-Italian. She speaks English, German, and some Romanian and French. Jasmin is a licensed Marriage Family Therapist with a Master's degree in counseling psychology. Having spent many years in the field of addiction and recovery, both on a professional and personal level, she has dedicated her life to using her extensive experience to benefit others. In addition to offering psychotherapy to recovering addicts & alcoholics in private practice in Beverly Hills, California, she has been facilitating ongoing recovery groups in various chemical dependency treatment centers in Los Angeles. At the present time she is in the process of publishing her book "To Hell & Back – How to Have Feelings & Stay Sober at the Same Time".

She says "On the basis of my experience with addiction and recovery, I have devoted my life to the 'alchemy' of turning weakness into strength. I know what it takes to leave behind destructive behavior patterns in favor of actions that promote prosperity and success. I pass on to my clients all the resources and tools I have found for recovery from emotional pain, depression, anxiety, and addiction – and building a good life."

For more information please call or email us today !

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