

# Sober Companions

# 360

## Michael Ortiz Hill

Michael Ortiz Hill is a registered nurse with over 20 years experience, an initiated practitioner of African tribal medicine and an author of several books on healing and racism, including *The Craft of Compassion* and *Twin from Another Tribe*. It was Michael's great good fortune to have bottomed out as a boy – three years a homeless teenage druggie. Michael embraces the twelve steps as “slow and thorough” – a lifelong spiritual practice. With the Los Angeles riots in 1992 Michael began collecting the nightly dreams of white and black people about each other which led him, a few years later, to being initiated as a medicine man in the ritual tradition that was seminal to the development of African-American culture.

Initiation is through sacred illness – one makes an alliance with the spirit that afflicts. Shortly after he returned from Africa Michael was diagnosed with multiple sclerosis and spend ten years being initiated by MS. *Recovery View* magazine published Michael's reflects on healing from MS and addiction as sacred illnesses in “Shamanism, Addiction and the Day I Did Not Die”

“What is the greater story of the illness of addiction? What is the story that cuts deep into the world of Spirit? What is the authentic and ensouled truth of the story we are in? What is the path of healing? And what gift to the world do we bring through our healing?” Michael's approach to sobriety and philosophy that warms the spirit is reflected in his program of recovery that he shares openly and thoroughly with everyone.

For more information please call or email us today !  
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